

## Healthy Conception & the Role of Men



1 in 6 couples in Canada experience infertility.



3 times out of 10, men are the cause of infertility in a couple.

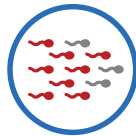
## Common Causes of Male Infertility



Blockage of  
Sperm Transport



Hormonal  
Issues



Sperm  
Production



Lifestyle  
Factors

## Nutrition & Male Fertility

The use of supplements may help improve male fertility potential. Supplements for men can help balance hormones and promote overall health.



### VITAMINS & MINERALS

Clinical studies indicate that vitamins and minerals are essential for sperm health.



### ANTIOXIDANTS & LIFESTYLE

Low dietary intake of antioxidants is associated with sperm oxidative stress and an increased risk of male infertility. Oxidative stress (i.e. due to environmental or lifestyle factors) may cause genetic and functional alterations in sperm.



### L-CARNITINE & SPERM MOTILITY

L-Carnitine is a potent antioxidant and a key source of energy for sperm motility and has been shown to increase the chances of conception.



### COQ10 & SPERM MOTILITY

CoQ10 in the seminal fluid of men has a correlation to their sperm count and sperm motility.



# Medfertil for Men

A Natural Supplement for Sperm  
Health Support

Combining the power of L-Carnitine and Coenzyme Q10 with vitamins C, E, B12, Folic Acid as well as selenium and zinc to improve sperm count and overall sperm health and motility.

